PLANT FACT SHEET

Rytidostylis carthagenensis (Jacq.) Kuntze

GENUS *Rytidostylis* **FAMILY** Cucurbitaceae

COMMON NAMES Cochinilla, Chanchitos, Susto, Tunquitos

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots, Leaves

Young shoots cooked and eaten.
The leaves are used as flavouring.

DESCRIPTION

A herb. The leaves are simple and alternate. The blades are 4-11 cm long by 3-9 cm wide. They are oval with 3-5 lobes. The flowers are in the axils of leaves with 5-12 flowers. The fruit are 3 cm across.

HABITAT

It is a tropical plant. It grows from 100-1,000 m altitude.

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