PLANT FACT SHEET

Betula glandulosa Michx.

GENUS *Betula* **FAMILY** Betulaceae

COMMON NAMES Scrub birch, Dwarf birch, Ground birch

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves - tea

DESCRIPTION

A small shrub. The twigs and young branches are covered with resin rich wart-like glands. The leaves are roundish and 0.5-3 cm long. The flower catkins are small and oval.

HABITAT

Temperate. It grows in alpine regions in the Rocky Mountains. It grows in wetter places and beside streams.

NOTES

There are about 60 Betula species. They grow in cool north temperate climates.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5cacc57b-e715-402a-bd18-27300374d8db