PLANT FACT SHEET

Plukenetia carolis-vegae Bussmann, Paniagua & C. Tellez

GENUS *Plukenetia* **FAMILY** Euphorbiaceae

COMMON NAMES Forest peanut, Mountain sacha inchis

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

The seeds are roasted.

DESCRIPTION

A creeper.

HABITAT

It is a tropical plant. It suits the wet tropics. It grows at high elevation.

NOTES

The seeds are very rich in oil.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 671

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5cbe2c70-6fbf-4cb3-b07f-19ecea9d08e5