PLANT FACT SHEET

Amburana cearensis (Allemao) A. C. Sm.

GENUS *Amburana* **FAMILY** Fabaceae

COMMON NAMES Amburana

EDIBLE PARTS AND USES

Edible parts: Fruit, Bark, Seeds, Nuts

The seeds are eaten raw.

DESCRIPTION

A tree. It grows 10-30 m tall. The leaves are 6-15 cm long with 7-12 pairs of leaflets that are alternate along the stalk. These are 2-7 cm long by 1-3 cm wide. The flowers are in panicles 2-4 cm long. The fruit is a pod 6-8 cm long by 1.5 cm wide.

HABITAT

It is a tropical plant. In Argentina it grows between 500-1,500 m above sea level.

NOTES

The seeds are used in medicine.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 208

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 28

Nunes, E. N., et al, 2018, Local botanical knowledge of native food plants in the semiarid region of Brazil. Journal of Ethnobiology and Ethnomedicine (2018) 14:49

Trab. Com. Sci. Explor. Ceara, Sec. Bot. 17, t. 5. 1864 (As Torresea cearensis)

Zambrana, P, et al, 2017, Traditional knowledge hiding in plain sight – twenty-first century ethnobotany of the Chácobo in Beni, Bolivia. Journal of Ethnobiology and Ethnomedicine (2017) 13:57

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5cccd839-a48e-4407-99d5-0251df36631f