PLANT FACT SHEET

Cayratia debilis (Bak.) Suess

GENUS *Cayratia* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A slender climber. It is 5 m long. It is slightly woody and keeps growing from year to year. There are branched tendrils opposite the leaves. The leaves are alternate and and have 5 leaflets. The leaf stalks are 4-12 cm long. The leaflets are narrowly oval and 12 cm long by 5.5 cm wide. They are rounded at the base and taper to the tip. The flowers can have one or both sexes. The petals are triangle shaped and greenish-white or yellow. The fruit is a flattened fleshy berry. It is 3 mm long by 5 mm wide. They are white and turn blue-black. There are 2-4 seeds.

HABITAT

It is a tropical plant. It grows in the forest.

NOTES

There are about 50 Cayratia species.
It has some medicinal uses.

REFERENCES

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