PLANT FACT SHEET

Verbascum sinuatum L.

GENUS *Verbascum* **FAMILY** Scrophulariaceae

COMMON NAMES Wavyleaf mullein

EDIBLE PARTS AND USES

Edible parts: Root, Roots - spice

The roots are peeled and crushed and cooked in dishes.
The roots are sued as a spice.

DESCRIPTION

A herb. It can grow 50 cm to 2 m tall. The leaves at the base initially form a ring. The flowering stems are tall. The flowers are yellow. The fruit is a capsule with many very small seeds.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Shin, J. H., 2013, Central and Southern Tunisia. Plants of Grassland and Sahara Desert. p 212

Tbatou, M, et al, 2016, Wild Edible Plants traditionally used in the countryside of El Jadida, Coastal Area in the Center of Morocco. Life Sciences Leaflets 75:28-48

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5d16809f-129e-402a-b805-88c402e5c3ee