PLANT FACT SHEET

Rohdea nepalensis (Raf.) N. Tanaka

GENUS *Rohdea* **FAMILY** Asparagaceae

COMMON NAMES Mallet flower

EDIBLE PARTS AND USES

Edible parts: Stems, Vegetable

It is used as a vegetable and for pickles.

DESCRIPTION

A herb. It is tufted and forms clumps. The leaves are glossy and dark green and arch over. The flowers are orange to yellow and form leafy clusters.

HABITAT

It is a temperate plant.

REFERENCES

Li, S., et al, 2020, Monpa, memory, and change: an ethnobotanical study of plant use in Mêdog County, South-east Tibet, China. Journal of Ethnobiology and Ethnomedicine. (2020) 16:5 p 16

Tamang, J. P. & Thapa, M., 2014, Some nonfermented ethnic foods of Sikkim in India. Journal of Ethnic Foods. 1:29-33 (As Campylandra aurantiaca Baker)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5d18bc6a-fa63-4f9a-b5ca-3ecc8f37d5fd