PLANT FACT SHEET

Lepidium ruderale L.

GENUS *Lepidium* **FAMILY** Brassicaceae

COMMON NAMES Narrow-leafed peppercress, Peppergrass

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a salad vegetable.

DESCRIPTION

A cabbage family herb. It grows for one or two years. It grows 10-35 cm tall. The leaves at the base have short stalks and higher up they do not have stalks.

HABITAT

It is a temperate plant. It grows in sandy soils and pastures between 300-1,100 m above sea level in northern China.

NOTES

There are about 150 Lepidium species.

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