PLANT FACT SHEET

Gigartina exasperata Harvey & Bailey

GENUS *Gigartina* **FAMILY** Gigartinaceae

COMMON NAMES Turkish bath towel

EDIBLE PARTS AND USES

Edible parts: Algae, Fronds, Seaweed

The broad thick blades are chopped and used as a substitute for gelatin in vegetable foods as a thickening agent.

DESCRIPTION

A seaweed.

HABITAT

A tropical plant.

NOTES

It is about 50% carrageenan.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 258

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5d352469-dc7b-4c9c-a3ad-e1937eb1deb9