PLANT FACT SHEET

Secamone spp.

GENUS *Secamone* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten when food is short.

DESCRIPTION

Woody climbers. A herb about 1.2 m high.

HABITAT

A tropical plant.

NOTES

There are 20 Secamone species. Also put in the family Asclepiadaceae.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 100

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 178

Paczkowska, G. & Chapman, A.R., 2000, The Western Australian Flora. A Descriptive Catalogue. Western Australian Herbarium. p 153 (Other species)

Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 221 (probably Secamone whytei N.E. Br.)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5d65cc5c-fe99-4ee7-8605-0aa807624534