PLANT FACT SHEET

Achnatherum hymenoides (Roem. & Schult.) Barkworth

GENUS *Achnatherum* **FAMILY** Poaceae

COMMON NAMES Indian ricegrass, Sand rice grass

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are cooked and eaten. They can be ground into flour and used to make bread or thicken soups.

DESCRIPTION

A grass.

HABITAT

It is a temperate plant.

REFERENCES

Anderson, M. K., 2012, Edible Seeds and Grains of California Tribes and the Klamath Tribe of Oregon in the Phoebe Apperson Hearst Museum of Anthropology Collections, University of California, Berkeley. USDA p 81

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5dbe7208-8280-4360-96a7-e9a34edf1cde