PLANT FACT SHEET

Chamaemelum fuscatum (Brot.) Vasc.

GENUS *Chamaemelum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers - tea, Shoots

The flowers are used for a herbal tea.
The young shoots are eaten raw or cooked.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5dcb2a62-1341-4d3b-b0ec-18408ec91f7a