PLANT FACT SHEET

Bunium ferulaceum Sibth. & Sm.

GENUS *Bunium* **FAMILY** Apiaceae

COMMON NAMES Balkan pignut

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The tubers are eaten raw after peeling.
The small tubers are cooked and eaten.

DESCRIPTION

A short perennial herb. It has round tubers at the roots. The stem is erect or curves upwards. The leaves are 2-3 divided with leaflets along the stalks. The lobes are narrow and taper to a point. The flowers are in white umbels.

HABITAT

It is a Mediterranean plant.

NOTES

There are 45-50 Bunium species.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 156

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 86 (As Carum ferulaefolium)

Della, A., et al, 2006, An ethnobotanical survey of wild edible plants of Paphos and Larnaca countryside of Cyprus. J. Ethnobiol. Ethnomed. 2:34

Dogan, A., et al, 2014, A review of edible plants on the Turkish Apiaceae species. J. Fac. Pharm. Istanbul, 44(2) pp 251-262

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 166 (As Carum ferulaefolium)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74 (As Carum ferulaefolium)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5dda92c5-1c6b-4d6c-81a6-087446d046ef