PLANT FACT SHEET

Oxygonum salicifolium Dammer

GENUS *Oxygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten. They are often cooked with other leaves to improve the taste.

DESCRIPTION

A slender trailing herb. It has many branches. The stems can be 1 m long. The leaves are alternate and simple. The sheath around the stem is cylinder shaped and 1 cm long and has red hairs at the end. The leaves are narrowly oval and 3-7 cm long by 2-20 mm wide. The flowers are in a spike like group 12-20 cm long. The flowers are tube shaped. The fruit is a softly hairy nut.

HABITAT

It is a tropical plant. In Kenya it grows in coastal regions.

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