PLANT FACT SHEET

Commelina obliqua Buch.-Ham.

GENUS *Commelina* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

CAUTION: The leaves can cause diarrhoea.
The young leaves are eaten with rice. They are used as a vegetable.

DESCRIPTION

A stout herb. It tends to lie over.

HABITAT

A tropical plant.

NOTES

There are about 230 Commelina species.
Commelina obliqua Buch.-Ham. is a synonym of Commelina paludosa Blume. Commelina obliqua Vahl is a valid name.

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