PLANT FACT SHEET

Saraca bijuga Prain

GENUS *Saraca* **FAMILY** Fabaceae

COMMON NAMES Sok nam, Ashok, Dado litaw

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Nuts - masticatory

The flowers and young leaves are eaten.
Fruit are chewed instead of Areca nuts.

DESCRIPTION

A tree.

HABITAT

A tropical plant.

NOTES

There are 11-70 Saraca species. They are trees from Asia. Also as Caesalpinaceae.

REFERENCES

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Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 68

Tanaka,

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5e9fb2a2-2057-43e7-8359-ee3a56fef15c