PLANT FACT SHEET

Attalea amygdalina Kunth

GENUS *Attalea* **FAMILY** Arecaceae

COMMON NAMES Taparo, Almendron

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit, Oil, Nuts

The seeds are eaten. They have a high oil content.
The fruit are eaten raw.

DESCRIPTION

A palm. The trunk is underground. The leaves are erect and 7 m long. The tips arch over. The leaflets are regularly spaced along the leaf stalk. The leaflets can be 1 m long. They are deep green. The leaflets are limp and grow in one flat plane. The fruit are oval and 6-9 cm long by 5 cm wide. The seeds are the shape of almonds and are edible.

HABITAT

A tropical plant. It grows in the hilly rainforest in Colombia. It grows between 1000-1600 m altitude in Colombia. In Townsville palmetum.

NOTES

There are between (22) 30-71 Attalea species. Some authorities divide them among Attalea, Orbignya, Scheela and Maximiliana.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5eb5e574-c323-4d90-913e-6ca8a5179842