PLANT FACT SHEET

Argyreia elliptica (Roth.) Choisy

GENUS *Argyreia* **FAMILY** Convolvulaceae

COMMON NAMES Oval leaved silverweed

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.

DESCRIPTION

A climber. It grows 8 m long. The small branches are velvety. The leaves are narrowly oval and 5-9 cm long by 3-5 cm wide. The flowers are in loose flat topped clusters. These can be 8 cm across.

HABITAT

A tropical plant.

NOTES

There are 90 Argyreia species.

REFERENCES

Ramachandran, V.S. and Nair, V.J., 1981, Ethnobotanical studies in Cannanore District, Kerala State (India). J Econ. Tax. Bot. Vol 2 pp 65-72

Sasi, R. & Rajendran, A., 2012, Diversity of Wild Fruits in Nilgiri Hills of the Southern Western Ghats - Ethnobotanical Aspects. IJABPT, 3(1) p 82-87

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5edc6624-d5af-4023-8227-aae1dee9b0f9