PLANT FACT SHEET

Cyperus hortensis Michx.

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Low spike sedge

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Rhizome - flavouring

The rhizome is chewed or used as a flavouring.

DESCRIPTION

An annual sedge. It is a herb that forms tufts. It has short underground stems or rhizomes. The stems are swollen at the base. They grow 30-40 cm high.

HABITAT

It is a tropical and subtropical plant. It grows on the edge of pools of water. It grows in damp places in the savannah in West Africa.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. (As Kyllingia tenuifolia)

Kew Plants of the World Online

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 193 (As Kyllinga pumila)

Simpson, D. A. & Inglis, C. A., 2001, Cyperaceae of Economic, Ethnobotanical and Horticultural Importance: A checklist. Kew Bulletin Vol. 56, No. 2 (2001), p. 324 (As Kyllinga pumila)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5f0a224c-172e-4599-a208-bd2bb768b6c7