PLANT FACT SHEET

Cystophora torulosa (R. Brown ex Turner) J. Agardh

GENUS *Cystophora* **FAMILY** Sargassaceae

COMMON NAMES Knobbed zigzag weed

EDIBLE PARTS AND USES

Edible parts: Seaweed, Fronds

DESCRIPTION

A seaweed. It is medium to dark brown. It grows up to 60 cm long.

HABITAT

It grows in temperate waters. It is normally in shallow water.

REFERENCES

Campbell, R., 2023,The SEAWEED SUPPLEMENT. p 16

Crowe, A., 1997, A Field Guide to the Native Edible Plants of New Zealand. Penguin. p 151

www.algaebase.org

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5f18ceb1-7033-464b-8445-59b9a22f3e12