PLANT FACT SHEET

Eryngium aquaticum L.

GENUS *Eryngium* **FAMILY** Apiaceae

COMMON NAMES Rattlesnakermaster, Marsh rattlesnake master

EDIBLE PARTS AND USES

Edible parts: Vegetable, Tea, Medicine

DESCRIPTION

A herb. It grows 1-2 m tall. The stem is erect and is ribbed. The leaves are arranged alternately and have teeth along the edge. The leaves at the base can be 90 cm long by 9 cm wide. The flowers are white to blue flowerheads. These have spiny bracts.

HABITAT

It is a temperate plant. It grows in swamps.

REFERENCES

Maezumi, S. Y., et al, 2018, The legacy of 4,500 years of polyculture agroforestry in the eastern Amazon. Open Research Exeter. p 38
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5f1a131d-3720-4e89-af30-d25ab7a2c989