PLANT FACT SHEET

Asystasia buettneri Lindau

GENUS *Asystasia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It can be erect or straggling. It grows 60 cm high.

HABITAT

It is a tropical plant.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. Also as Asystasia calycina.

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 102

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5f6f1b15-7742-4079-a5f2-154794933765