PLANT FACT SHEET

Salvia lanceolata Lam.

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Rusty sage, Lance-leaf sage, South African sage

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves have a peppery lemon flavour and are eaten with fish.

DESCRIPTION

A shrub. It can grow 2 m tall.

HABITAT

It is a subtropical plant.

PRODUCTION

Cultivation

It can be grown from seed or cuttings.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

PlantZAfrika

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5fbfa1af-9df6-4f72-8926-1865fc8810dd