PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Ranunculus scleratus L.

GENUS *Ranunculus* **FAMILY** Ranunculaceae

COMMON NAMES Buttercup, Celery-leaved buttercup

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

CAUTION: Leaves are acrid and poisonous unless treated.
Young tender leaves are boiled then later cooked as a vegetable. The cooking water is changed.
It can also be dried then cooked and eaten. They are pickled.
It can be used as a fermented and dried green vegetable.
The rootstock is boiled with rice and eaten.

DESCRIPTION

An annual herb. It is 20-70 cm high. The leaves vary in shape. The leaves near the base are stalked. They are 1.5-3 cm long by 2.5-4 cm wide. They are kidney shaped and with 3 lobes. The upper leaves are narrowly sword shaped with 3 lobes. The flowers are yellow. The fruit is dry, one seeded and in an oblong head.

HABITAT

It is a temperate plant. It grows in wet and marshy places. In Nepal it grows to about 2500 m altitude. Tasmania Herbarium.

PRODUCTION

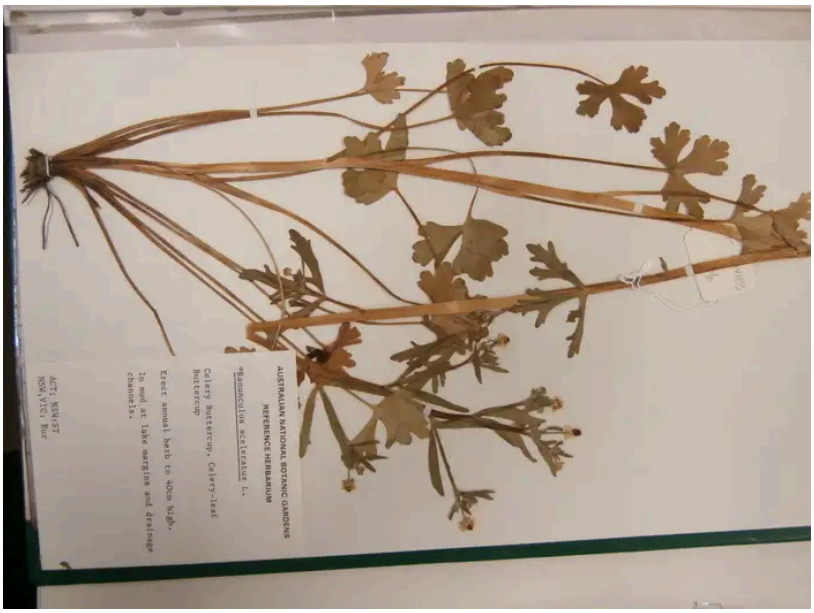
Cultivation

Plants are grown from seeds or from root offshoots.

NOTES

There are about 400 Ranunculus species.

PICTURES



Credit: Food Plants International (Bruce French)

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