PLANT FACT SHEET

Lotus corniculatus L.

GENUS *Lotus* **FAMILY** Fabaceae

COMMON NAMES Birdsfoot treefoil

EDIBLE PARTS AND USES

Edible parts: pod, Shoots, flower - nectar

Young pods are occasionally nibbled.
The flowers yield a light honey.
The young shoots are eaten in salads.
The leaves are used for tea drinks.

DESCRIPTION

A herb which keeps growing from year to year. The stems are trailing or curve upwards. The stems are solid. The leaves have 5 entire blunt leaflets. The flowers heads can have 8 flowers. The flowers are pea-like with yellow petals and a reddish standard. The pods are cylinder shaped and become dark on maturity. They are 15-30 mm long.

HABITAT

It is a temperate plant. It grows in grassy locations. In Argentina it grows below 500 m above sea level. It suits hardiness zones 5-8. Tasmania Herbarium.

NOTES

There are about 100 Lotus species.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5fd18577-c806-4d01-83e9-a84072f844a7