PLANT FACT SHEET

Kaempferia angustifolia Roscoe

GENUS *Kaempferia* **FAMILY** Zingiberaceae

COMMON NAMES Resurrection Lily, Narrow-leaf peacock ginger

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

It is probably mainly used as medicine.

DESCRIPTION

A ginger family herb that has rhizomes but no stems. It re-grows from a tuberous root. The leaves are 20 cm long. They are wavy on the edge.

HABITAT

It is a tropical plant. It grows in teak forests up to 150 m above sea level.

PRODUCTION

Cultivation

It can be grown by division. It can be grown by seed.

NOTES

There are about 50-70 Kaempferia species.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 307

Bremness, L., 1994, Herbs. Collins Eyewitness Handbooks. Harper Collins. p 180

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5fd5920f-3ed3-425d-be03-3d6bf7f4c273