PLANT FACT SHEET

Nymphaea jamesoniana Planch.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Stem

The inner part of the rhizome is eaten. It is sometimes boiled.

DESCRIPTION

A waterlily. It has rhizomes or underground stems. The leaves are oval or almost round and 9-17 cm long by 8-15 cm wide. The flowers occur singly. They are 6-9 cm across.

HABITAT

It is a subtropical plant. In Argentina it grows below 500 m above sea level.

REFERENCES

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Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5fe86ff8-e0e5-43f6-9521-a6419aa51c1e