PLANT FACT SHEET

Commelina coelestis Willd.

GENUS *Commelina* **FAMILY** Commelinaceae

COMMON NAMES Blue spider wort

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The rhizomes or underground stems are used as food.

DESCRIPTION

A herb. It keeps growing from year to year. It develops a clump of finger shaped roots. It grows 40-70 cm tall. The flowers are blue.

HABITAT

A tropical plant. Once established it can tolerate drought. In Guatemala it grows between 900-3,500 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed. Seed germinate in 4-5 weeks at 20°C. They are transplanted when young. They can also be grown by division. It can be grown from cuttings that root easily.

NOTES

There are about 230 Commelina species.

REFERENCES

Enum. pl. 1:69. 1809

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 213

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5fedbedf-c7b3-495e-8704-41833dea7bda