PLANT FACT SHEET

Centaurea virgata Lam.

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten raw in salads.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Yesil, Y., et al, 2019, Wild edible plants in Yeşilli (Mardin-Turkey), a multicultural area. Journal of Ethnobiology and Ethnomedicine (2019) 15:52

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/60392a83-1676-475e-b606-2ceaecf94eaf