PLANT FACT SHEET

Cogswellia montana M. E. Jones

GENUS *Cogswellia* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are ground into flour and used to make cakes.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database."
http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6050b876-ddf3-49ac-a091-cb64969fdb05