PLANT FACT SHEET

Pappostipa speciosa (Trin. & Rupr.) Romasch.

GENUS *Pappostipa* **FAMILY** Poaceae

COMMON NAMES Desert needlegrass, Desert stipa

EDIBLE PARTS AND USES

Edible parts: Seeds

The grass is harvested and dried for half a day then burnt slowly to release the seeds. The seeds are winnowed and boiled. They swell as they cook. The seeds can be used to make porridge.

DESCRIPTION

A short grass. It forms bunches. It grows 30-60 cm tall. The leaves are a mm wide and rolled along the edges. The flowering shoots are 5 cm long. It is dense and fluffy.

HABITAT

It is a temperate plant.

REFERENCES

Ferns, Useful Temperate Plants (As Pappostipa speciosa)

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 545 (As Stipa speciosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/60663372-92f7-4dfd-8e19-19dc22811d9c