PLANT FACT SHEET

Gracilaria bursa-pastoris (S. G. Gmelin) P. C. Silva

GENUS *Gracilaria* **FAMILY** Gracilariaceae

COMMON NAMES Ogo nori, Shepher's purse wart weed

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

The branches are chopped and eaten raw in salads. They are also pickled, used as tempura, or used in soups. They can be salted for later use. The algae is used as a garnish.

DESCRIPTION

A seaweed.

HABITAT

A tropical plant.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 247 (As Gracilaria compressa)

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329 (As Gracilaria compressa)

http://www.seavegetables.com

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 258

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/609bc89d-808e-4958-9985-0999c5a175b7