PLANT FACT SHEET

Bidens segetum Mart. ex Colla

GENUS *Bidens* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable and also raw.

DESCRIPTION

A creeping herb. It grows about 2.5 m tall. The leaves are narrowly oval and taper to the tip. They have teeth along the edge. The flowers are yellow.

HABITAT

It is a tropical plant. In Brazil it has been recorded at 1,600 m above sea level.

PRODUCTION

Cultivation

It can be grown by seeds and cuttings of the branch.

REFERENCES

da Cruz Alves, Thiago, 2020, Plantas Alimentícias Não Convencionais (PANC) da Travessia Teresópolis - Petrópolis, Serra dos Órgãos, RJ / Thiago da Cruz Alves. - Rio de Janeiro, 2020. p 29, 40

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/609d69fe-d68e-49eb-9bcc-aa4fa63c466d