PLANT FACT SHEET

Frankenia portulacifolia Spreng.

GENUS *Frankenia* **FAMILY** Frankeniaceae

COMMON NAMES Sea heath, St Helena tea

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves have been used as a substitute for tea.

DESCRIPTION

A small shrub. It probably has 5 partly fused sepals and 5 separate petals. The fruit is a small capsule.

HABITAT

It is a tropical plant. It probably grows in coastal salty habitats.

NOTES

The plant may now be extinct. There are 73 Frankenia species.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 319

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/609dab4d-6ba9-4527-a611-c4a49902a7eb