PLANT FACT SHEET

Bactris simplicifrons Mart.

GENUS *Bactris* **FAMILY** Arecaceae

COMMON NAMES Turtle paripi

EDIBLE PARTS AND USES

Edible parts: Fruit, Palm heart, Cabbage

The fruit are eaten fresh. They are also made into flour.

DESCRIPTION

A palm It forms clusters and grows 2 m tall. The fruit are greenish yellow and turn red. They are round and 8 mm across.

HABITAT

It is a tropical plant. It grows in forests.

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