PLANT FACT SHEET

Luzula capitata (Miq.) Nakai

GENUS *Luzula* **FAMILY** Juncaceae

COMMON NAMES Sweep's woodrush

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A small grass-like plant.

HABITAT

It is a temperate plant.

NOTES

There are about 115 Luzula species. There are 8 in tropical America.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/61170ee4-3094-42ea-94ba-d72c3db4ae34