PLANT FACT SHEET

Osmorhiza longistylis (Torr.) DC.

GENUS *Osmorhiza* **FAMILY** Apiaceae

COMMON NAMES Longstyle sweetroot

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The roots are used for flavouring. They are also chewed and made into tea.
The leaves and seeds can be added to salads as flavouring.
The dry seeds are used in cakes, candies and liqueurs.

DESCRIPTION

A herb. It grows 1.2 m tall. It has long soft hairs. The leaves are divided into threes, 2 or 3 times. The flowers are small and in an open cluster. They are white.

HABITAT

It is a temperate plant. It suits hardiness zone 4.

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