PLANT FACT SHEET

Amomum tastaceum Ridl.

GENUS *Amomum* **FAMILY** Zingiberaceae

COMMON NAMES Siam cardamom

EDIBLE PARTS AND USES

Edible parts: Shoots, Seeds, Fruit

The fruit are used as a spice.
The young shoots are cooked as a vegetable.

DESCRIPTION

A ginger family herb. It grows 3 m tall. The rhizome is stout and white. The leaves are sword shaped and 60 cm long by 10 cm wide. The flowering shoots are like spikes. They are 7019 cm long. The fruit is a capsule with 3 lobes. The seeds are angular and black.

HABITAT

It is a tropical plant. It grows up to 500 m above sea level usually under trees.

REFERENCES

Chiang Mai University Vol. 4 , 1964, bio1080uu, Table 6 p 102

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/61375522-db26-4117-b16e-4cf7335142d3