PLANT FACT SHEET

Bourreria orbicularis (Hutch. & Bruce) Thulin

GENUS *Bourreria* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub or small tree. It grows 3-4 m tall. Young branches are hairy. The leaves are often clustered in short shoots. They are broadly oval and 1.5-3.5 cm long by 1-3 cm wide. The flowers are in loose groups. The ripe fruit are orange and 5-6 mm across.

HABITAT

A tropical plant. It grows between 100-1,000 m above sea level.

NOTES

There are about 50 Ehretia species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 76 (As Ehretia orbicularis)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 179 (As Ehretia orbicularis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/61e234c9-da9b-421e-9530-99786f161ed3