PLANT FACT SHEET

Commiphora hildebrandtii Engl.

GENUS *Commiphora* **FAMILY** Burseraceae

EDIBLE PARTS AND USES

Edible parts: Roots - moisture

The roots are chewed when thirsty.

DESCRIPTION

A shrub or small tree. It grows 6 m tall. The young branches are hairy. The leaves have 3 leaflets or 5-7 leaflets.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6262bdaa-0a2a-4670-8f5c-a7c183486c81