PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Anastatica hierochuntica L.

GENUS *Anastatica* **FAMILY** Brassicaceae

COMMON NAMES Rose of Jericho

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used as a medicinal tea during pregnancy.

DESCRIPTION

A herb. It lies along the ground. It grows each year from seed. It grows 15 cm tall. The stems are more or less woody. The leaves are small and simple. They can have teeth. The flowers are small and white. The fruit are small.

HABITAT

It is a tropical plant. It grows in the Sahara and Arabian desert. It has moderate salt tolerance.

NOTES

It has folk medicine uses.

REFERENCES

INFOODSUpdatedFGU-list.xls

Karim, F. M. & Dakheel, A, J., 2006, Salt-tolerant plants of the United Arab Emirates. 2006. International Center for Biosaline Agriculture, Dubai, UAE. p 82

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/62964b05-611a-4903-8da5-ac395bbcb78a