PLANT FACT SHEET

Canavalia virosa (Roxb.) Wight & Arn.

GENUS *Canavalia* **FAMILY** Fabaceae

COMMON NAMES Karuthamma

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods, Seeds - coffee

The pods are cooked and eaten. The young seeds are also eaten.
The seeds are used for coffee.

DESCRIPTION

A climbing plant. It keeps growing from year to year. The stems are hairy when young. The leaves have 3 leaflets. These are 6-18 cm long by 4-15 cm wide. They are broadly oval and taper to the tip. They are hairy on both surfaces. The fruit are pods 10-17 cm long by about 3 cm wide. They are brown and hairy. The seeds are narrowly oval and reddish-brown with black markings.

Probably now Canavalia cathartica.

HABITAT

A tropical plant.

NOTES

There are about 50 Canavalia species.

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