PLANT FACT SHEET

Hedysarum sulphurescens Rydb.

GENUS *Hedysarum* **FAMILY** Fabaceae

COMMON NAMES Yellow sweet-vetch

EDIBLE PARTS AND USES

Edible parts: Roots

The young roots are baked, boiled or roasted.

DESCRIPTION

A herb that keeps growing from year to year. The stems are 15-50 cm long. The leaflets are in opposite pairs along the leaf stalk. The flowers are yellow or whitish.

HABITAT

It is a temperate plant. It grows in dry to moist forests.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 265
Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 94

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/62ab1f1f-607b-4da4-9c42-f4872f2bcea1