PLANT FACT SHEET

Asplenium cymbifolium Christ

GENUS *Asplenium* **FAMILY** Aspleniaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The young leaves are boiled and eaten.

DESCRIPTION

A fern.

HABITAT

It is a tropical plant.

REFERENCES

Flavelle, A. J., 1991, A Traditional Agroforestry Landscape on Fergusson Island, Papua New Guinea. M. Sc. Univ. of British Columia. p 160

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/62c1accc-3887-46a6-b466-29220332302d