PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Eryngium monocephalum Cav.

GENUS *Eryngium* **FAMILY** Apiaceae

COMMON NAMES Eringo sea holly

DESCRIPTION

A herb. It grows 3 m tall. The stems are erect and sturdy. They are slightly woody. The leaves are narrowly sword shaped and 10-60 cm long by 1-3 cm wide. They are opposite and taper to the tip. There are 3 cm long spreading teeth along the edge. The flowers are in oval heads. There can be one or several in a dome shaped group. This can be 1 m tall. There are many small flowers. The fruit is wedge shaped or cylinder shaped and 5 mm long. There are a few seeds with 2 wings.

HABITAT

It is a subtropical plant. It grows in mountain forests and grassland and rocky and coastal areas up to 3,000 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 1106

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/62fbdf31-1bd7-46f8-8aea-fe822c8e9fe9