PLANT FACT SHEET

Duhaldea cappa (Buch.-Ham. ex D. Don) Pruski & Anderb.

GENUS *Duhaldea* **FAMILY** Asteraceae

COMMON NAMES Fragrant inula

DESCRIPTION

A shrub. It grows 70-200 cm tall. The stems are branched. The leaves are narrowly oblong and 8-23 cm long by 3-6 cm wide. The stems and the leaves underneath have short hairs. The flowers are yellow.

HABITAT

It is a temperate plant. It grows between 1,000-2,400 m above sea level.

REFERENCES

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 106

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/630f0ad9-070f-49a2-8e68-b25b35f9dc50