PLANT FACT SHEET

Sisymbrium heteromallum C. A. Mey.

GENUS *Sisymbrium* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - flavouring

The seeds are used to flavour food.

DESCRIPTION

A herb. It grows for 1 or 2 years. It grows 30-90 cm tall. The leaves have 2 or 3 pairs of lobes. The ends lobes are largest. There are 30-45 flowers in a group. These are on stalks 25 cm long. The flowers are very small and pale yellow. There are many seeds that are 1 mm long.

HABITAT

It is a temperate plant.

REFERENCES

Zhang, Y., et al, Yunatov's Records of Wild Edible Plant Used by the Mongols in Mongolia During 1940-1951: Ethnobotanical Arrangements and Discussions. Inner Mongolia Normal University. p 14

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6330a94d-5b30-443f-ac3e-807f3ff10640