PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Clutia abyssinica Jaub. & Spach

GENUS *Clutia* **FAMILY** Peraceae

COMMON NAMES Smoothfruit lightning bush

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are used in soup.

DESCRIPTION

A shrub. It keeps growing from year to year. It is erect and has a few branches. The leaves are oval and dull green. The flowers are small and occur usually in pairs in the axils of leaves. The fruit are pale green with yellow-green dots. The seed are black and shiny with small pits.

HABITAT

It is a tropical plant. It grows in grassland.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/63a6a62c-22e5-401a-8def-570836b449cc