PLANT FACT SHEET

Ceodes umbellifera J.R. & G. Forster

GENUS *Ceodes* **FAMILY** Nyctaginaceae

COMMON NAMES Bird lime tree

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are steamed and eaten.

DESCRIPTION

A shrub or small tree. It grows 5-15 m high. The trunk is 30 cm across. It is branched near the base. The leaves are alternate or opposite and in clusters. The leaf blade is oval and 6-20 cm long and 4-10 cm wide. They are soft. The leaf stalk is 2-5 cm long. The flowers are small and very fragrant. They contain both sexes. The fruit are 2-5 cm long and have ribs. They are sticky.

HABITAT

A tropical plant. It grows in rainforest and monsoon forest. In Fiji it grows from sea level to 825 m altitude. It can grow in exposed coastal strips or in forest. It suits hardiness zones 9-11.

PRODUCTION

Cultivation

Plants can be grown from seeds or by cuttings or air-layering.

PICTURES



Credit: Food Plants International (Bruce French)

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