PLANT FACT SHEET

Clutia pulchella L.

GENUS *Clutia* **FAMILY** Peraceae

COMMON NAMES Lightning bush, Warty-bush clutea

EDIBLE PARTS AND USES

Edible parts: Fruit, Plant

The fruit is used to curdle milk.

DESCRIPTION

A shrub. It is soft and leafy. It grows up to 2 m high. The leaf stalk is slender and 1 cm long. The leaf blade is oval or round and 5 cm long by 3 cm wide. It has spots that let the light through. Flowers of both sexes occur. The fruit is 3 mm across.

HABITAT

It is a subtropical plant.

REFERENCES

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 25

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 195

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Marker & Sheape,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 109

Plowes, N. J. & Taylor, F. W., 1997, The Processing of Indigenous Fruits and other Wildfoods of Southern Africa. in Smartt, L. & Haq. (Eds) Domestication, Production and Utilization of New Crops. ICUC p 188

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 54

Swaziland's Flora Database http://www.sntc.org.sz/flora

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/63b0abc9-d1e8-45b1-b170-efba5d0db764